

RULES FOR RESPECTFUL INTERACTION

Together, we want to ensure that everyone feels comfortable and welcome in University Sports:

- I treat others with responsibility, trust, and appreciation.
- I respect all people regardless of their social, ethnic, and cultural background, worldview, religion, sexual orientation, age, or gender.
- I take an active stand against boundary-crossing behavior within groups and towards individuals—regardless of the status or position of those involved.
- I contribute to preventing boundary violations and any form of sexualized violence.
- Everyone's sense of personal space and boundaries is different. I respect the personal limits, privacy, and individual characteristics of others and adjust my behavior and actions accordingly.
- NO means NO! Always and without exception. A "yes" expressed without clear awareness or consent also means NO. The principle of consent applies: intimate actions require explicit agreement. Please also respect when someone signals that they do not wish to engage in certain actions or conversations.
- I remain dressed, even when it's hot or stuffy: to ensure everyone feels comfortable, we all keep our clothing on.

In case of uncertainty, questions, and/or incidents involving boundary violations, discrimination, or sexualized violence, I am aware that I can contact:

- The trusted persons on the excursion:
 - ???
 - ???
 - ???
- The University Sports Office (david.storek@leuphana.de or +49-4131-677-1150)
- The Office for Gender Equality, Equal Opportunities Officer Dr. Kathrin van Riesen (+49-4131-677-1061)
- The Student Union (AStA) (antidis@asta-lueneburg.de or quarg@asta-lueneburg.de)

The protection and well-being of those affected always come first.

Thank you for taking the time to read our rules.

Together, we can create a space where everyone feels safe and welcome. We appreciate your contribution to making this possible.

Your University Sports Center

